

Where do I go to for ...

Key documents to support RSE planning

An overview of education policy related to RSE

RSE Guides

<https://health.tki.org.nz/Teaching-in-HPE/Policy-Guidelines/Relationships-and-Sexuality-Education>

[Years 1-8 pages 40-43](#)

[Years 9-13 pages 46-49](#)

Community consultation guidance

RSE Guides

<https://health.tki.org.nz/Teaching-in-HPE/Policy-Guidelines/Relationships-and-Sexuality-Education>

[Years 1-8 pages 44-47](#)

[Years 9-13 pages 50-53](#)

Tūturu

<https://www.tuturu.org.nz/healthconsultation/>

Resources to support RSE teaching and learning programme design and planning

RSE Guides

<https://health.tki.org.nz/Teaching-in-HPE/Policy-Guidelines/Relationships-and-Sexuality-Education>

New Zealand Health Education Association

<https://healtheducation.org.nz/resources/sexuality-education/>

Evaluation of RSE in New Zealand schools

Education Review

<https://www.ero.govt.nz/publications/promoting-wellbeing-through-sexuality-education/>

Teacher content knowledge

Sexuality education content knowledge

[Family Planning New Zealand](#)

Cybersafety involving sexual situations

[Netsafe New Zealand](#)

Youth and pornography

[Classification Office](#)

[Classification Office's YouTube channel](#)

[Light project](#)

Inclusive education related to RSE

Ministry of Education Inclusive Education Guides

<https://www.inclusive.tki.org.nz/guides/supporting-lgbtiqa-students/>

[Years 1-8](#)

[Years 9-13](#)

Universal Design for Learning

<https://www.inclusive.tki.org.nz/guides/universal-design-for-learning/>

Sex, sexuality and gender diversity

[InsideOUT Kōaro](#)

[RainbowYOUTH](#)

[Intersex Awareness New Zealand](#)

Advice on using external providers

RSE Guides

<https://health.tki.org.nz/Teaching-in-HPE/Policy-Guidelines/Relationships-and-Sexuality-Education>

[Years 1-8 page 34](#)

[Years 9-13 page 40](#)

New Zealand Health Education Association

<https://healtheducation.org.nz/resources/>

Support for teaching RSE in English medium schools in culturally diverse communities

RSE Guides

<https://health.tki.org.nz/Teaching-in-HPE/Policy-Guidelines/Relationships-and-Sexuality-Education>

[Years 1-8 pages 13-15; pages 34-36](#)

[Years 9-13 pages 14-17; pages 40-42](#)

Professional learning and development (PLD) support

Professional learning and development for teaching RSE

Family Planning New Zealand

<https://www.familyplanning.org.nz/courses>

New Zealand Health Education Association

<https://healtheducation.org.nz/about-us/pld/>

Networks of Expertise

<https://pld.education.govt.nz/find-pld/networks-of-expertise/>

RSE Resources

[FAQ's Years 1-8](#)

[FAQ's Years 9-13](#)

Teacher pedagogy

Integral to teaching resources

RSE Resources

[Effective pedagogy in relationships and sexuality education](#)

[Relationships and sexuality education progressions](#)

RSE teaching and learning resources

Years 1-8 (NZC levels 1-4)

Ministry of Education

<https://health.tki.org.nz/Key-collections/Curriculum-in-action/Sexuality-education-for-curriculum-levels-1-4>

Years 1-8 (primary)

Family Planning New Zealand

<https://www.familyplanning.org.nz/catalog/resources/primaryintermediate-teaching-resources>

Years 9-10 (secondary)

Family Planning New Zealand

<https://www.familyplanning.org.nz/catalog/resources/secondaryyoung-adult-teaching-resources>

School Journal: Break-up Day (story of a transgender girl)

Ministry of Education

<https://instructionalseries.tki.org.nz/Instructional-Series/School-Journal/School-Journal-Level-4-May-2021/Break-up-Day>

Cybersafety involving sexual situations

Netsafe New Zealand

<https://www.netsafe.org.nz/the-kit/>

Pornography

[Classification Office - TBC link to new resources](#)

Māori medium sexuality education and sexual health resources

Te Whāriki Takapou (Te Ira Tangata programmes for years 7 & 8 and 9 & 10)

<https://tewhariki.org.nz/>

NCEA level materials

Ministry of Education (NCEA)

<https://ncea.tki.org.nz/Resources-for-Internally-Assessed-Achievement-Standards/Health-and-physical-education/Health-education>

Learning progression and achievement

RSE Resources

[Relationships and sexuality education progressions](#)

RSE guides (key learning charts)

<https://health.tki.org.nz/Teaching-in-HPE/Policy-Guidelines/Relationships-and-Sexuality-Education>

[Year 1-8 pages 30-33 for NZC HPE learning levels 1-4](#)

[Year 9-13 pages 34-39 for NZC HPE learning levels 4-8](#)

The HPE underlying concepts and RSE

RSE Resources

[Link to UCs section of these support materials](#)

Period poverty

RSE Resources

[TBC](#)

New Zealand RSE research

Evaluation of RSE in New Zealand schools

Education Review Office

<https://www.ero.govt.nz/publications/promoting-wellbeing-through-sexuality-education/>

Youth and pornography

[Classification Office](#)

RSE guide

See reference lists in the guides

<https://health.tki.org.nz/Teaching-in-HPE/Policy-Guidelines/Relationships-and-Sexuality-Education>

Resources that support school culture – whole school approach to the promotion of student wellbeing

Whole school approaches to the promotion of student wellbeing

RSE Guides

<https://health.tki.org.nz/Teaching-in-HPE/Policy-Guidelines/Relationships-and-Sexuality-Education>

[Years 1-8 pages 16-23](#)

[Years 9-13 pages 18-27](#)

Education Review Office – Wellbeing for success: a resource for schools

<https://www.ero.govt.nz/publications/wellbeing-for-success-a-resource-for-schools/>

Sex, sexuality and gender diverse

[InsideOUT Kōaro – resources](#)

[Intersex Awareness New Zealand](#)

Bullying

[BullyingFree New Zealand](#)

Empowering Pasifika youth

[Village Collective](#)

Māori sexual and reproductive wellbeing

[Te Whāriki Takapou](#)

School nurses

[NZ School Nurses](#)