Ākonga **worksheet**

**Energy and Skills for Miniball**

**Miniball skills self assessment**

 **rating chart**

|  |  |
| --- | --- |
| **Skills** | **Self assessment scale** 1--------2--------3--------4--------5beginner very able |
| Passing (accurately, quickly) |  |
| Catching (cleanly with a transition to the “ready” position to either pass, shoot, or dribble) |  |
| Dribbling (the ability to dribble around people without having to stop or use two hands) |  |
| Shooting (accuracy and reliability) |  |

### Peer Assessment Sheet

Assessor’s Name:



Ākonga being assessed



|  |
| --- |
| **Skills activity 1**: Identify skills being developed - for example, passing, dribbling, catching or shooting or combinations of these.How well does the activity promote the skills identified? Place X on the continuum.very well well not well |
| **Skills activity 2:** Identify skills being promoted i.e. passing, dribbling, catching, shootingHow well does the activity promote the skills identified? Place X on the continuum.very well well not well |
| **Physical** f**itness activity 1**: How well does the activity relate to the physical fitness required for mini ball? Place X on the continuum.very well well not well |
| **Physical** f**itness activity 2**How well does the activity relate to the physical fitness required for mini ball? Place X on the continuum.very well well not well |