

6

Timeframe
1-2 lessons

Years
4-10

Format
Individual
or groups

Cards
Oho

My identity

Ata

Emotion

Download
hpe.tki.org.nz/oho-identity

Ko au tēnei – tōku tuakiri This is me – my identity

Identity is about who you are.
It is about what makes you – you!
Using the Oho My identity cards,
the Ata Emotion cards, and the
This is me – my identity activity
sheet explore the unique things
that make you – you!

6
Ko au tēnei –
tōku tuakiri
This is me –
my identity

Identify or describe what you are.
It is about what makes you – you!
Choose a title, identify what that you
connect with, then choose an Ata
Emotion card that represents how
it makes you feel.

Why is this an
important part
of who you are?

How does this
make you feel
and why?

whakapono
beliefs

whakahi
proud

OHO & ATA
ATA
EMOTION CARDS

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Ways to use the resource

- If you don't have the **Ata** resource, download and print the cards from hpe.tki.org.nz/ata or use the blank **Oho cards** to create your own.

Discuss & compare

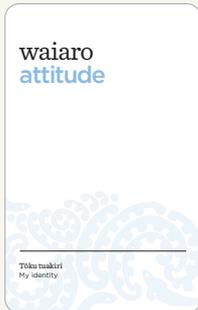
- Explore the different perspectives and ideas around identity and emotions. Why is this an important part of who you are? How does this make you feel, and why? Then, discuss and compare your findings with the group or classroom.

Next steps

- Explore other aspects of Identities, languages, cultures and values with activities such as **Important life moments**, **My unique whānau**, **My whānau in my place of learning** and **My culture in my place of learning**.

What you will need

Oho My identity cards.



Ata Emotion cards.



This is me – my identity activity sheet:

One per person or group



Activity

1. Prepare cards

This activity uses a combination of **Oho** and **Ata cards**. Add or remove **My identity** and **Emotions cards** to suit the context of your classroom.

2. Prepare activity sheets

Print or photocopy one **This is me** — **my identity activity sheet** for each person or group.

Choose an **Oho My identity card** that you connect with, then choose an **Ata Emotion card** representing how it makes you feel.

Place cards on the activity sheet. Discuss why you made each selection and how it relates to the other card. We suggest introducing the card types, one set at a time, as you work through the steps.

1. My identity

Select a **My Identity card** that represents an important part of who you are.

2. Emotion

Select an **Emotion card** that represents how this makes you feel.