



# Ōku tāngata tauira My people of inspiration

**Timeframe**  
1-2 lessons

**Years**  
4-10

**Format**  
Individual  
or groups

**Cards**  
Oho

My people

Ata

Emotion

Challenge

**Download**  
[hpe.tki.org.nz/oho-people](http://hpe.tki.org.nz/oho-people)

The people around us who help us to be our best selves. Who do you look up to? People can inspire us to identify what we value and bring those values to life. Using the My people cards and My people of inspiration activity sheet, explore the people of inspiration from your past, present and future who are important to you. Then choose one to explore further, using the Ata Challenge and Emotion cards, to understand how they help you and make you feel.



## Ways to use the resource

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- If you don't have the **Ata** resource, download and print the cards from [hpe.tki.org.nz/ata](http://hpe.tki.org.nz/ata) or use the blank **Oho cards** to create your own.

## Discuss & compare

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- Explore the different perspectives and ideas around people of inspiration and connections. Then, discuss and compare your findings with the group or classroom.

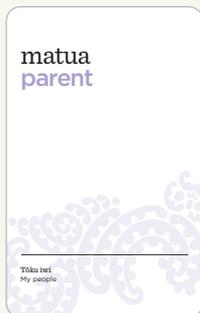
## Next steps

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- Explore other aspects of whānau and identity with activities such as **My place in time**, **I inspire**, **My unique whānau** and **My whānau in my place of learning**.

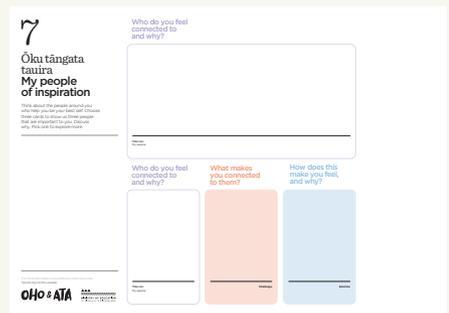
## What you will need

Oho My people cards.



My people of inspiration activity sheet:

One per person or group



Ata Challenge and Emotion cards.



## Activity

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### 1. Prepare cards

This activity uses a combination of **Oho** and **Ata** cards. Add or remove **My people** and **Ata Challenge** and **Emotion** cards to suit the context of your classroom.

### 2. Prepare activity sheets

Print or photocopy one **My people of inspiration activity sheet** for each person or group.

Using the **My people cards** and **My people of inspiration activity sheet**, explore the people from your past, present and future who are important to you. Then choose one to explore further using the **Ata Challenge** and **Emotion** cards.

Place cards on the activity sheet. Discuss why you made each selection. We suggest introducing the card types, one set at a time, as you work through the steps.

### 1. My people

Select up to three **My people cards** to represent people who are important or you are connected to. Discuss why.

### 2. My people

Select one of your chosen **My people cards** to explore further. Place it on the second row.

### 3. Challenge

Select an **Ata Challenge card** that represents what makes you connected to them. What do they help you with?

### 4. Emotion

Select an **Ata Emotion card** that represents how they make you feel and why.