

Relating to others:

Tū tangata
People of
inspiration

Image



Atua continue to
influence and guide.

Description

People of inspiration can
help us aspire to great things.
They bring our important
values to life.

Whakataukī

Mā mua ka kite a muri,
mā muri ka ora a mua.
Those who lead give sight
to those who follow, those
who follow give life to
those who lead.

Explanation

This whakataukī also speaks
to the importance of working
together. It acknowledges
the importance of the leader
and the followers, for both are
essential and co-dependent.

Relating to others:

He tirohanga
whānui
Perspective
taking

Image



The manu can see far and
wide from the treetops.

Description

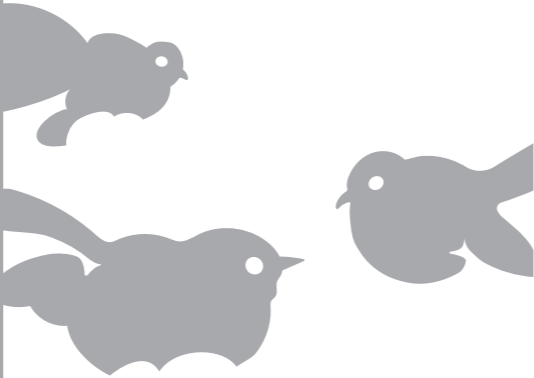

People have ways of feeling,
doing and being that are
different to our own. If we
understand each other we
can grow together.

Whakataukī

He kokonga whare e kitea, he
kokonga ngākau e kore e kitea.
A corner of a house may be
seen and examined; not so
the corners of the heart.

Explanation

While we can visibly see
the corners of a house, we
can't see the inner thoughts
or feelings of a person. This
reminds us to take care when
engaging with others, as we
are not aware of what may
be happening for them in
their lives.

Relating to others:	Image	Description	Whakataukī	Explanation
<p>He hononga ki te hāpori</p> <p>Community connection</p>	 <p>The manu connect at dawn through a chorus of song.</p>	<p>Being connected with each other is what makes us a community. Feeling like we belong makes us feel valued.</p>	<p>Me uru kahikatea. Waiho i te toipoto, kaua i te toiroa.</p> <p>Cluster together for strength like a kahikatea grove. Let us keep close together, not far apart.</p>	<p>Kahikatea trees have shallow root systems. Planted in a stand, they will mat together to gain stability and withstand storms.</p>
<p>Relating to others:</p>	 <p>Similar, but at the same time, very different; each a taonga.</p>	<p>Be aware of the impact your words, thoughts and actions have on each other. Find where you feel you belong and respect others who have had different experiences.</p>	<p>He aha te mea nui o te ao, he tangata, he tangata, he tangata.</p> <p>What is the most important thing in the world? It is people, it is people, it is people.</p>	<p>Human connections and relationships are what create community and enable people to flourish. Value what is inside all of us and let it remind us of what is most important — it is people.</p>
<p>He aroā, he kanorau</p> <p>Social awareness and diversity</p>				

Relating to others:	Image	Description	Whakataukī	Explanation
<p>He tūrangawaewae</p> <p>Connection to place</p>		<p>A place to stand. A place to grow from and connect to.</p> <p>There are special places where we feel a strong sense of belonging. Start learning in the place that you know and then move beyond.</p>	<p>Hokia ki o maunga kia purea koe i ngā hau o Tāwhirimātea.</p> <p>Ko au ko te awa, ko te awa ko au.</p> <p>He ao, he ao, he ao tea roa.</p> <p>Return to your ancestral mountains to be cleansed by the winds of Tāwhirimātea.</p> <p>I am the river and the river is me.</p> <p>A cloud, a cloud, a long white cloud.</p>	<p>Connect back to the places that restore your wellbeing. For some it is those places they whakapapa to. Mana whenua of Whanganui River know and protect their river as a living ancestor. How do we protect our special places?</p>
Managing self:	Image	Description	Whakataukī	Explanation
<p>Mana motuhake</p> <p>Self-determination</p>		<p>Majestic and powerful, the Kārearea moves with purpose and control.</p> <p>Careful decisions and the planning we do now will benefit us in the future.</p>	<p>Iti noa, he pito mata.</p> <p>From small things comes potential.</p>	<p>Long term benefit comes from small steps and small actions.</p>

<div>Managing self:</div> <div></div> <div>He ihumanea, he toa Intuition and bravery</div>	<div>Image</div> <div></div> <div>Move upward through the canopy and into the light.</div>	<div>Description</div> <div>Trusting our instincts helps us make better and clearer decisions. Have courage and awareness.</div>	<div>Whakataukī</div> <div>Koi te mata punenga, maiangi te mata pūihoiho. Hurihia tō aroaro ki te rā tukuna tō ātārangi kia taka ki muri i a koe. Tūwhitia te hopo. See the invisible, see the intangible, believe the impossible. Turn your face to the sun (your knowing) and the shadows (doubts, fears) fall behind you. Feel the fear and do it anyway.</div>	<div>Explanation</div> <div>Take calculated risks in order to achieve great things. Be aware of the emotions you are feeling but let yourself be guided by the pursuit of knowledge.</div>
<div>Managing self:</div> <div></div> <div>He mauri, he wero Understanding emotions and meeting challenges</div>	<div>Image</div> <div></div> <div>Knowing and navigating your feelings strengthens each step.</div>	<div>Description</div> <div>Recognising and understanding the emotions we feel allows us to meet challenges.</div>	<div>Whakataukī</div> <div>Mā te huruhuru ka rere te manu. Adorn the bird with feathers so it may soar.</div>	<div>Explanation</div> <div>There's always room to grow. Learning a new skill, solving problems and helping others are just some of the many "feathers" you can wear in order to soar high. The more strengths you have, the higher you'll fly!</div>

Managing self:	Image	Description	Whakataukī	Explanation
<p>Mahi tahi Collaboration</p>	 <p>The children of Tāne worked together to rebuild the tree cut down by Rātā. Though small, together they achieved their shared goal.</p>	<p>Know and practise the strategies that help us live and work together better.</p>	<p>Mā tini mā mano ka rapa te whai. Many hands make light work.</p>	<p>By working together (mahi tahi) we can achieve much more and share the load (and praise).</p>
<p>He tuakiri, he reo, he tikanga, he mātāpono Identities, languages, cultures and values</p>	 <p>What waters are you from? Where do you feel you belong?</p>	<p>It's important to learn about what matters to us, our stories and our languages.</p>	<p>Ko taku reo taku ohoo, ko taku reo taku mapihi mauria. My language is my awakening, my language is the window to my soul.</p>	<p>Knowing who you are and where you are from gives you strength. Your identity is your sense of belonging, of knowing and understanding your individuality and place in the world.</p>