

# 3

## Whakawhanake rautaki Developing strategies

**Timeframe**  
1-2 lessons

**Years**  
4-10

**Format**  
Individual  
or groups

**Cards**

Element

Challenge

Context

Impact

Emotion

**Download**

[hpe.tki.org.nz/ata-strategies](http://hpe.tki.org.nz/ata-strategies)

Explore the challenges we face and develop strategies to navigate them. Create scenarios, identify challenges, and then develop strategies to navigate them using the Element, Challenge, Context, Impact and Emotion cards.

## Learners will

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- Identify and explore areas of focus or interest.
- Identify and explore strengths, weaknesses and areas of improvement.
- Develop a voice and contribute to their learning pathway.
- Develop insight and perspective about understanding different emotions and meeting challenges.
- Develop and apply self-led problem-solving strategies in various scenarios.
- Building a character. Define the character's qualities and challenges using the **Element** and **Challenge cards**. Then, develop strategies for the character as a group e.g. Who is inspirational in your community? What challenge(s) might they face?
- Focus on a particular learner's challenges and strategies.
- Modify the context, impact and emotion to explore different perspectives.
- Using the blank cards or group discussion, come up with new ideas that are not in the pack.

## Ways to use the resource

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- Introduce the activity as a classwide or group exercise over time to ease into the concepts.
- Rather than beginning with a scenario, you can start with:
  - An idea e.g., a challenge, context, impact or emotion.

## Next steps

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- Teachers can use insights to inform future lesson plans and areas of learning inquiry.
- Use the **Approaching challenges** and **Learning stories** resources to develop relevant learning experiences.
- Once identified, learners can use strategies within relevant Learning areas.



## Activity

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Place cards on the **activity sheet**.

Discuss why each selection was made and how it relates to the other cards. We suggest introducing the card types one set at a time as you work through the steps.

### 1. Select an element

Select an **Element card** as a primary area of interest or focus.

### 2. Select a challenge

Select a **Challenge card** you want to explore or overcome.

Each **Challenge card** links to an element (noted on the bottom left of the card). Ideally your **Challenge** and **Element cards** should match.

### 3. Select a context

Select a **Context card** that represents where this challenge takes place.

### 4. Select impact(s)

Select one or more **Impact cards** that represent the things that are getting in your way.

### 5. Select an emotion

Select an **Emotion card** that represents how this challenge makes you feel.

The next two steps relate to the advanced activity sheet only.

### 6. Select solution impact(s)

Select one or more **Impact cards** that represent the things that could help you overcome this challenge.

### 7. Select a resolution emotion

Select an **Emotion card** that represents how you would like to feel once you overcome this challenge.

### Discuss & customise

Discuss the different ways in which you might approach these challenges.

Document your thoughts and plans in a format that suits you.

Using the blank cards or group discussion, come up with new ideas challenges, contexts, impacts and emotions that are not in the pack.