

manene  
alienated

tōtahi  
alone

pōrahua  
annoyed

korou kore  
apathetic

māharahara  
apprehensive

Emotion

Emotion

Emotion

Emotion

Emotion

māteatea  
ashamed

māoriori  
at ease

whakapaingia  
blessed

hari nui  
blissful

hōhā  
bored

Emotion

Emotion

Emotion

Emotion

Emotion

mārie  
calm

kore here  
carefree

hurō  
cheerful

tau  
chill

uruhau  
content

Emotion

Emotion

Emotion

Emotion

Emotion

mōrikarika  
disgusted

ngere  
disappointed

tuohu  
down

mimiti  
drained

tino hari  
ecstatic

Emotion

Emotion

Emotion

Emotion

Emotion

manamanahau  
elated

whakamā  
embarrassed

whakahohe  
energised

tūpehupehu  
enraged

mahue  
excluded

Emotion

Emotion

Emotion

Emotion

Emotion

kua  
whakawehia  
frightened

pōnānā  
frustrated

maiea  
fulfilled

wheke  
fuming

rūtaki  
furious

Emotion

Emotion

Emotion

Emotion

Emotion

matapōuri  
glum

whakawhetai  
grateful

whakamōwai  
humble

totoa  
hyper

whakaohoho  
inspired

Emotion

Emotion

Emotion

Emotion

Emotion

harikoa  
joyful

ngākau hihiko  
lively

pukuriri  
livid

tapou  
mopey

matanguru-  
nguru  
mortified

Emotion

Emotion

Emotion

Emotion

Emotion

whakahihiko  
motivated

āmaimai  
nervous

ngākau rorotu  
optimistic

tūāpōuri  
peevied

rerehua  
pleasant

Emotion

Emotion

Emotion

Emotion

Emotion

whakahī  
proud

pārore  
relaxed

tā te ihu  
relieved

whakarihariha  
repulsed

mahuru  
restful

Emotion

Emotion

Emotion

Emotion

Emotion

kārangī  
restless

ea  
satisfied

takuhe  
secure

mauri tau  
serene

ohomauri  
shocked

Emotion

Emotion

Emotion

Emotion

Emotion

ohorere  
surprised

ihiihi  
thrilled

kōpīpī  
timid

ngenge  
tired

mākohakoha  
tranquil

Emotion

Emotion

Emotion

Emotion

Emotion

māwherangi  
troubled

manawarau  
uneasy

toko wairua  
upbeat

āwangawanga  
worried

pai  
good

Emotion

Emotion

Emotion

Emotion

Emotion

ngākau titikaha  
confident

hokirua  
unsure

pōuri  
sad

mataku  
scared

riri  
angry

Emotion

Emotion

Emotion

Emotion

Emotion

koa  
happy

Emotion