

manene
alienated

tōtahi
alone

pōrahua
annoyed

korou kore
apathetic

māharahara
apprehensive

Emotion

Emotion

Emotion

Emotion

Emotion

māteatea
ashamed

māoriori
at ease

whakapaingia
blessed

hari nui
blissful

hōhā
bored

Emotion

Emotion

Emotion

Emotion

Emotion

mārie
calm

kore here
carefree

hurō
cheerful

tau
chill

uruhau
content

Emotion

Emotion

Emotion

Emotion

Emotion

mōrikarika
disgusted

ngere
disappointed

tuohu
down

mimiti
drained

tino hari
ecstatic

Emotion

Emotion

Emotion

Emotion

Emotion

manamanahau
elated

whakamā
embarrassed

whakahohe
energised

tūpehupehu
enraged

mahue
excluded

Emotion

Emotion

Emotion

Emotion

Emotion

kua
whakawehia
frightened

pōnānā
frustrated

maiea
fulfilled

wheke
fuming

rūtaki
furious

Emotion

Emotion

Emotion

Emotion

Emotion

matapōuri
glum

whakawhetai
grateful

whakamōwai
humble

totoa
hyper

whakaohooho
inspired

Emotion

Emotion

Emotion

Emotion

Emotion

harikoa
joyful

ngākau hihiko
lively

pukuriri
livid

tapou
mopey

matanguru-
nguru
mortified

Emotion

Emotion

Emotion

Emotion

Emotion

whakahihiko
motivated

āmaimai
nervous

ngākau rorotu
optimistic

tūāpōuri
peevved

rerehua
pleasant

Emotion

Emotion

Emotion

Emotion

Emotion

whakahī
proud

pārore
relaxed

tā te ihu
relieved

whakarihariha
repulsed

mahuru
restful

Emotion

Emotion

Emotion

Emotion

Emotion

kārangī
restless

ea
satisfied

takuhe
secure

mauri tau
serene

ohomauri
shocked

Emotion

Emotion

Emotion

Emotion

Emotion

ohorere
surprised

ihiihi
thrilled

kōpīpī
timid

ngenge
tired

mākohakoha
tranquil

Emotion

Emotion

Emotion

Emotion

Emotion

māwherangi
troubled

manawarau
uneasy

toko wairua
upbeat

āwangawanga
worried

pai
good

Emotion

Emotion

Emotion

Emotion

Emotion

ngākau titikaha
confident

hokirua
unsure

pōuri
sad

mataku
scared

riri
angry

Emotion

Emotion

Emotion

Emotion

Emotion

koa
happy

Emotion