

tōtahi  
alone

te  
whakatairite  
ki tangata kē  
comparing  
yourself to  
others

te kanorau  
diversity

te aweawe  
panoni  
influencing  
change

te rūnā i ngā  
kare ā-roto  
navigating  
emotions

Managing self:  
Understanding  
emotions and  
meeting challenges

Really Big Challenge

Managing self:  
Identities, languages,  
cultures and values

Really Big Challenge

Relating to others:  
Social awareness  
and diversity

Really Big Challenge

Relating to others:  
People of inspiration

Really Big Challenge

Managing self:  
Understanding  
emotions and  
meeting challenges

Really Big Challenge

te eke i  
ngā raru  
overcoming  
difficulties

te rongoi te  
haumaru  
safety

rītaha  
bias

te hurihanga o  
te āhuarangi  
climate  
change

tāmitanga  
colonisation

Managing self:  
Self-determination

Really Big Challenge

Managing self:  
Intuition and bravery

Really Big Challenge

Really Big Impact

Really Big Impact

Really Big Impact

tautohetohe  
conflict

whakaae  
consent

te peinga  
ahurea  
cultural  
displacement

matenga  
death

whakatoihara  
discrimination

Really Big Impact

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manarite-kore  
disparity

manarite  
equality

tautika  
equity

ira tangata  
gender

whakahōhā  
harassment

Really Big Impact

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Really Big Impact

matekai  
hunger

māuiui,  
mamae rānei  
illness or pain

te ngaronga  
o tētahi hoa  
losing a friend

aituā taiao  
natural  
disasters

urutā  
pandemic

Really Big Impact

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pōharatanga  
poverty

kaikiri  
racism

wehenga  
separation

pāpāho pāpori  
social media

tōkeke-kore  
unfairness

Really Big Impact

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Really Big Impact

# ariari visibility

Really Big Impact