

He aha ngā  
mea uaua ki  
a koe?  
What did you  
find hard?

He aha ngā  
mea i tino  
āwhina i a koe?  
What helped  
you most?

Ki te mahi anō  
koe, he aha ngā  
rerekētanga?  
What would  
you do  
differently  
next time?

He aha ngā mea  
i āwhina i a koe  
kia mau tonu tō  
arotahi?  
What helped  
you stay  
focused?

He aha tāu  
mahi ināianei?  
What will you  
do next?

Shift

Shift

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Nā wai au i  
āwhina?  
Who helped  
you?

I pēhea ai tō  
mahi i te taha o  
tāngata kē?  
How did you  
work with  
other people?

He aha ngā hua  
pai o te mahi  
ngātahi?  
How did  
working  
with others  
help you?

I oti i a koe  
te kaupapa i  
tīmata ai koe?  
Did you do  
what you set  
out to do?

Kua panoni  
koe, he aha  
aua panoni?  
How have you  
changed?

Shift

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He aha te mea  
tino whakahī  
ki a koe?  
What are  
you most  
proud of?

Shift